



CHERNOBYL CHILDRENS PROJECT (UK)

BUXTON, LONGNOR and DISTRICT GROUP

9th HILLS and DALES WALKS/RUN

SATURDAY 10TH SEPTEMBER 2011
8, 12, and 22 Mile Walks in 10 Hours

Start and finish at High Ash Field Study Centre GR 048653
Open to Walkers and Runners

The 8 mile walk is a circular route taking in Hollinsclough –Parkhouse, Glutton Bridge, Beggars Bridge, Longnor, Fawside, then back into High Ash

The 12 miles and the 22mile route will go out from High Ash, Wicklow, Flash, Oliver Hill, onto Knotbury, Dane Head, Burbage Edge,
Goyt Lane, around to Pooles Cavern, Buxton College,
Here 12 mile route ends, all entrants will taken back to the start via Mini Bus
22 mile Route continues over to Brielow Bar, Longnor and back to High Ash

Start Time All Walkers 8am Runners 9am

Entry Cost £8.00 for both 12 mile and 22mile routes
£6.00 for the 8 mile route
£10.00 all route on the day entries

inc in cost refreshments homemade cakes & drinks at all checkpoints and Pie Chips at the finish
Full route description and certificate to all entrants, Badge extra

Overnight accommodation if required on Friday 9th Rooms en-suite rooms 4/6/8 bunk beds
(use own sleeping bags and towels).

Breakfast included all for £15.00 per person.

ALL CHEQUES PAYABLE TO "HILLS & DALES"

Equipment to be carried Waterproofs, Mug, Torch, Whistle, Map, (Outdoor Leisure 24 White Peak)

Entries with S,A,E.

K G Bailey 2 Lulworth Grove S-O-T Staffs ST6 6 JY Tele 01782 815386

Web site to down load entry form

www.andycrafts.co.uk

SPONSORSHIP FORMS ON REQUEST